

# PROGRAM

## SWISS PAIN SOCIETY AND SWISS GENDER HEALTH NETWORK ANNUAL CONGRESS 2024

SEX AND GENDER DISPARITIES IN PAIN

**14 & 15  
NOVEMBER  
2024**

KULTUR- UND  
KONGRESSHAUS  
AARAU



## PREFACE

Dear colleagues,

The scientific and organizing committee is pleased to welcome you in Aarau on November 14th and 15th 2024 for the Sex and Gender Disparities in Pain congress, jointly organized by the Swiss Pain Society (SPS) and the Swiss Gender Health Network (SGHN).

Gender disparities are increasingly recognized in many health domains, and pain is no exception. We are not equal when it comes to pain. Biological, social, or environmental factors can jointly influence pain at various levels, whether in the pathophysiological mechanisms, expression or recognition, management or prevention of pain.

As part of this congress, we invite you to share the latest knowledge on sex and gender in pain, in the presence of national and international experts from various disciplines. Together, we aim to reflect on the influence of sex/gender on pain and explore ways to integrate sex and gender dimensions in practice, research and teaching to improve patient care.

What to Expect:

- **In-depth Discussions:** Engage with leading experts as they delve into the intricate relationship between sex, gender, and pain.
- **Networking Opportunities:** Connect with fellow healthcare professionals, share experiences, and build lasting collaborations.
- **Cutting-Edge Research:** Explore the latest advancements in pain research integrating sex and gender dimensions.

Who will Attend? Multidisciplinary audience of medical doctors, nurses, researchers, psychologists, physiotherapists and other allied healthcare professionals.

Don't miss this unique opportunity to be part of a dynamic dialogue addressing sex and gender disparities in pain. Together, we can bridge the gaps in healthcare and provide more personalized and effective pain relief solutions for all patients.

We look forward to welcoming you in Aarau on November 14th 2024 to the SPS & SGHN Annual Congress 2024 and thank you in advance for your appreciated support!

### **For the scientific committee**

Prof. Dr méd. Carole Clair (SGHN Representative)  
Dre Virginie Schlüter, MD (SGHN coordinator)  
PD Dr méd. Marc Suter (SPS President)

# PROGRAM THURSDAY

14th November 2024

TIME	TOPIC	SPEAKER	ROOM
07.00 – 09.00	Registration		
09.00 – 09.05	Welcome	Marc Suter Carole Clair	Saal 1
09.05 – 09.15	Introduction of the Swiss Pain Society	Marc Suter	Saal 1
09.15 – 09.30	Introduction of the Swiss Gender Health Network	Carole Clair	Saal 1
09.30 – 10.30	<b>KEYNOTE I</b> Challenges on integrating sex and gender into pain research	Edmund Keogh	Saal 1
10.30 – 11.00	Coffee Break		
11.00 – 12.00	<b>KEYNOTE II</b> Gender disparity in acute pain management	Olivier W. Hugli Joëlle Schwarz	Saal 1
12.00 – 13.00	<b>ROUNDTABLE</b> How to integrate sex and gender dimensions in your research, practice or teaching?	Chair: Carole Clair  Roundtable: Camille Saumure Regimbald, Joëlle Schwarz, Marc Suter, Edmund Keogh, Olivier W. Hugli	Saal 1
13.00 – 13.45	Lunch Break (with poster visit)		
13.45 – 14.30	Industry Talk I	Grünenthal	Saal 1
	Industry Talk II	Pharmgenetix	Saal 4
14.30 – 15.00	Epigenetics and chronic pain: the importance of taking gender differences into account	Bertrand Leger	Saal 1
15.00 – 15.30	Sex Gender Difference in Drugs	Thierry Buclin	Saal 1
15.30 – 16.00	Coffee Break		
16.00 – 16.30	Integrative Pain Management & Gender Medicine	Claudia Witt	Saal 1
16.30 – 17.00	Gender differences in chronic postsurgical pain in children and adolescents: Preliminary results from a longitudinal study.	Helen Koechlin	Saal 1
17.00 – 17.30	Visceral pain	Katy Vincent	Saal 1
18.00 – 19.30	Movie / City Tour and Drinks		
19.30 – 22.00	Get together Dinner		

## INDUSTRY TALKS



to be announced



to be announced



# PROGRAM FRIDAY

15th November 2024

TIME	TOPIC	SPEAKER	ROOM
07.00 – 08.30	Registration		
08.30 - 09.30	SPS General Assembly	Marc Suter	Saal 2
	SGHN Meeting	Carole Clair	Seminar 1-2
09.30 - 10.00	Oral Poster Presentation	Chair: tbd	Saal 2
10.00 - 10.30	Coffee Break		
10.30 - 10.45	How neural inflammation is gender different	Marc Suter	Saal 2
10.45 - 11.15	Introduction of all 9 SPS Special Interest Groups (SIGs)	Chair: Ben Brönnimann	Saal 2
11.15 - 11.45	Parallel Meetings		
	<b>Workshop</b> State of research and lack of knowledge on transition acute-chronic and gender-related (SPS SIG Pain Psychology & SPS SIG Pediatric Pain)	Helen Koechlin	Saal 2
	<b>SPS SIG Meeting</b> CANoP	Petra Schweinhardt	Seminar 3
	<b>SPS SIG Meeting</b> Interdisciplinary multimodal pain therapy	Jochen Oeltjenbruns	Seminar 4
	<b>SPS SIG Meeting</b> Pain Nurses	Astrid Burtscher	Seminar 5
11.45 - 12.15	Parallel Meetings		
	<b>Workshop</b> Pain education in relation to sex and gender (SPS SIG Pain Nurse)	Eveline Löseke	Saal 2
	<b>SPS SIG Meeting</b> Daily Life and Pain	Silvia Längin	Seminar 3
	<b>SPS SIG Meeting</b> Pain Psychology	Julia Kaufmann	Seminar 4
	<b>SPS SIG Meeting</b> Pediatric Pain	Alice Prchal	Seminar 5
12.15 - 13.00	Closing Remarks   Best Poster Award (with LunchBag and Apéro)		

## SPEAKER



**Prof. Dr. med. Thierry Buclin**  
Honorary Professor of Clinical  
Pharmacology

### CHUV

Service de pharmacologie  
clinique  
Rue du Bugnon 17  
CH-1011 Lausanne



**Prof. Dr. med. Carole Clair**  
Co-Head of the Health and Gender  
Unit

### Unisanté

Centre universitaire de  
médecine générale et santé  
publique  
Rue du Bugnon 44  
CH - 1011 Lausanne



**Prof. Dr. med. Olivier W. Hugli**  
Specialist in general internal  
medicine and emergency medicine

### CHUV

Service d'urgence  
Rue du Bugnon 46  
CH-1011 Lausanne



**Prof. Edmund Keogh**  
Deputy Head of Department  
(Research and Knowledge Exchange),  
Department of Psychology

### University of Bath

Claverton Down  
Bath BA2 7AY  
United Kingdom



**PD Dr. phil. Helen Koechlin**  
Senior Assistant/Health Psychology  
of Childhood and Adolescence

### University of Zurich

Institute of Psychology  
Binzmühlestrasse 14  
CH-8050 Zurich



**Bertrand Leger, PhD**  
Doctor of Science (PhD)  
Clinical Research Specialist  
Head of research for the Suva Clinics

### Clinique romande de réadaptation

Av. Grand-Champsec 90  
Postfach  
CH-1951 Sitten

## SPEAKER



**Eveline Löseke**  
Quality management

### **Landschaftsverband Westfalen-Lippe (LWL)**

LWL-Einrichtungen Marsberg  
Weist 45/Bredelarer Straße 33  
D-34431 Marsberg



**Camille Saumure Régimbald**  
Psychologist FSP  
Neuropsychologist

### **University of Fribourg**

Departement of Psychology  
Rue P.-A.-de-Faucigny 2  
CH-1700 Fribourg



**PD Dr. ès Sc Joëlle Schwarz**  
Co-Head of the Health and Gender  
Unit

### **Unisanté**

Centre universitaire de  
médecine générale et santé  
publique  
Rue du Bugnon 44  
CH – 1011 Lausanne



**PD Dr. med. Marc Suter**  
Clinical head of pain center  
FMH for anesthesiology

### **CHUV**

Centre d'antalgie, service  
anesthésiologie  
Lausanne University hospital  
Rue du Bugnon 46  
CH-1011 Lausanne



**Prof. Katy Vincent**

### **University of Oxford**

Nuffield Department of  
Women's & Reproductive Health  
Level 3  
Women's Centre  
John Radcliffe Hospital  
Oxford OX3 9DU  
United Kingdom

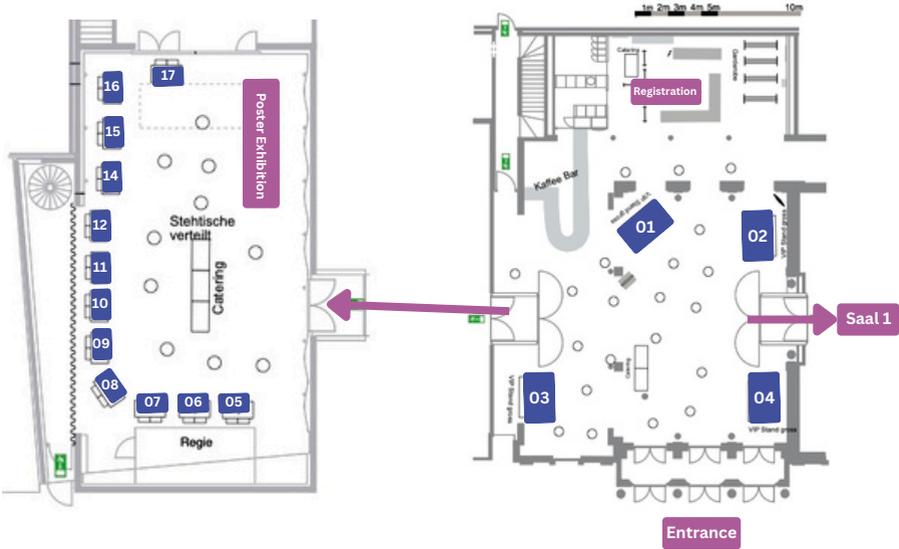


**Prof. Dr. med. Claudia M. Witt, MBA**  
Chair for Complementary and  
Integrative Medicine

### **Universität Zürich**

Rämistrasse 71  
CH-8006 Zürich

# BOOTH EXHIBITION



# EXHIBITORS

01 	02 	03	04
05 	06 	07 	08 
09 	10	11	12
13	14	15	16

## THURSDAY EVENING

In order to make the most of the opportunity of a 2-day congress, we organized the following social activities on Thursday evening.

### MOVIE AND INTERVIEW | MARC WOLFENSBERGER

18.00 - 19.30 | Option 1



#### **Synopsis Voyage au coeur de la douleur (by Marc Wolfensberger)**

Why are we so 'unequal' when it comes to pain? Are there ways to moderate it? Can we increase our resistance to pain, as some sportsmen in this film say? This movie invites viewers to get as close as possible to the experience of pain so that we can better manage the day that it inevitably intrudes into our lives.

*French with EN subtitle*

### CITY TOUR

18.00 - 19.30 | Option 2



#### **Aarau surprises**

Take a journey through Aarau's eventful history and meet numerous exciting contemporary witnesses. Trained and passionate guides accompany you to the sights of Aarau and share history, stories and anecdotes.

### APÉRO AND GET TOGETHER DINNER

19.30 - 22.00 (Bar open till 23.30)



#### **Enjoy good food and relaxed conversations**

We have planned a flying dinner at the Kultur- und Kongresshaus Aarau to round off the evening in a relaxed atmosphere and to create the opportunity to talk to a wide range of colleagues.

## REGISTRATION

Online Registration via <https://swisspainsociety.ch/en/sps-sghn-joint-annual-meeting-2024/>

## REGISTRATION FEE

		Member*	Non-Member	Student (with an Abstract)	Student (without an Abstract)
<b>Early Bird</b> (till 31.07.24)	2-Day Pass	250	310	70	120
<b>Normal</b>	2-Day Pass	300	360	100	160
	1-Day Pass Thursday	250	280	75	110
	1-Day Pass Friday	100	130	35	55
<b>OnSite</b>	2-Day Pass	320	380	115	175
	1-Day Pass Thursday	270	300	90	125
	1-Day Pass Friday	120	150	50	70
<b>Get- Together</b>	Movie + Dinner	90		40	
	City Tour + Dinner	100		50	

\*SPS, SGHN, DSG, OESG, SFETD.

Please send us your member confirmation via mail to [info@swisspainsociety.ch](mailto:info@swisspainsociety.ch).

## CANCELLATION

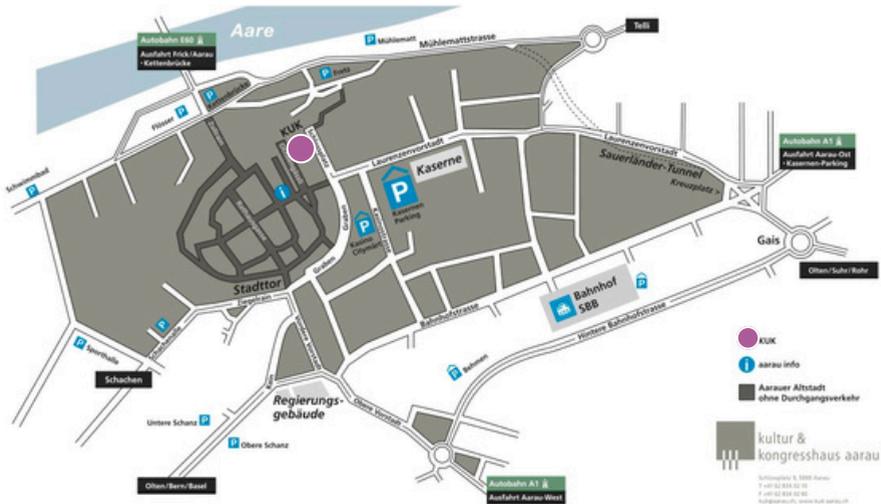
Cancellation up to and including October 10, 2024:

A handling fee of CHF 50.00 will not be refunded or remains owed.

Cancellation from October 11, 2024:

The registration fee will not be refunded or remains owed.

## SITE PLAN KUK



## PARKING FACILITIES

There are no parking spaces for visitors and guests at the kultur & kongresshaus aarau. There are two public wheelchair parking spaces on the Schlossplatz opposite the kuk.

Please use the public parking lots and parking garages. Follow the brown parking garage signs of the parking guidance system. We recommend the public barracks parking at Laurenzenvorstadt (2 minutes' walk to the kultur & kongresshaus aarau).

## HOTEL CONTINGENT

In order to provide you with the best possible support in planning your participation at our SPS & SGHN Joint Congress 24, we have organized a contingent of hotel rooms to the following conditions:

### **Hotel Aarauerhof** Self-Check-In Hotel

(you can book till 28. Oktober 2024)

One person for one night in a one bed room, breakfast included | CHF 117.-

### **Hotel Kettenbrücke** 4-Star Hotel

(you can book till 8. November 2024)

One person for one night in a double room, breakfast included | CHF 248.-

## CREDITS

*requested* | SPS  
*requested* | SSAPM  
*requested* | FSP  
*requested* | SGPMR  
*requested* | ChiroSuisse

*requested* | SGR  
*requested* | SGAIM  
*requested* | SAPP  
*requested* | SSIPM

## VENUE

**kultur & kongresshaus aarau**  
Schlossplatz 9  
CH-5000 Aarau

P +41 62 843 50 50  
E [kuk@aarau.ch](mailto:kuk@aarau.ch)  
W <https://www.kuk-aarau.ch/>

## ORGANISATION

**Ayingol Office Services GmbH**  
Anne Ayingol  
Quentlistrasse 73  
CH-8193 Eglisau

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E [info@swisspainsociety.ch](mailto:info@swisspainsociety.ch)  
W <https://www.a-o-s.ch/>

## SPS PARTNER



## EVALUATION

We appreciate your evaluation of the SPS & SGHN Joint Congress 24.  
Please use the QR code: